

## Beacon Guild

**FOR OUR APRIL MEETING-** Beacon District got into a bit of “pampering” at our hall! Along with the meditational music in the background we were able to indulge in a variety of therapies. These included - eye treatments, facial masks, nail care & polishing, a foot spa and hand scrubs - making us all nicely relaxed and well oiled!



We also tried soothing green tea and chair aerobics before finishing off with our usual tea & biscuit refreshments (accompanied by some hot cross buns). A good time was had by all!

